

Dog Walks near Mount Pleasant

With 186 miles of National Park coastal path there is no shortage of lovely walking opportunities in Pembrokeshire but obviously some of the coast path tracks are not suitable for walking a dog. These suggestions are all suitable for dogs though sometimes you will need to keep the dog on a lead for safety. They can be enjoyed without a dog as well of course. I have kept the list to within about three miles of Mount Pleasant and some don't need the car at all or if you use it then you can park free.

New Hedges woods

You can walk from Mount Pleasant to New Hedges or drive and park in the village hall. From Mount Pleasant New Hedges is left out of Mount Pleasant then first left off the road. After turning left don't take the sharp left to Trewayne but keep going down the hill and the village hall is on your left at the bottom of the hill with a small wall around the car park. Cross the road from there and go through a gap alongside a cottage to the main road. Cross the road using the crossing place and go straight on down the unmade lane. Look out for a woodland path on your left. The path is clear although it can be a bit damp in places in wet weather. Eventually you will come to a railway bridge where the train from Saundersfoot to Tenby passes over the path. At this point you can go left before the bridge to bring you back out on the Tenby Road or for a longer walk take a left turn after the bridge and the path will eventually go to the outskirts of Tenby. Depending on which path you follow towards the end of the road you will either come out near the Swimming Pool in Tenby or into Lammack Vale which comes out on the main Tenby to Narberth road.

The entire walk is a long walk but you can turn back at any time depending on how far you want to go.

Begelly Old Miners path.

Begelly is about three miles away from Mount Pleasant. To get to Begelly turn left out of Mount Pleasant and at the roundabout take the right turn and keep going until you reach the A477 roundabout. Go straight across this roundabout and on a short way to another roundabout. Go straight across this roundabout in the direction of Narberth and Cardigan but only go a short way up a steep hill and round the bend. As you round the bend you will see the church ahead on your left with a small road to the right of it. You can park in the church if open or somewhere along the road running alongside the church. Follow this very quiet made up road until you get to a bridleway or drive further down and park somewhere. A good place further down is near a white wall on your right. Dogs can be left off the leash but be careful that they don't enter fields on either side as there will be sheep and horses in them.

Trewayne Caravan Park

Turn left out of Mount Pleasant and take the first left (sharp left) where there is a sign for Treayne.

There are four choices here.

Walk to and down Trewayne Road or drive to the end of the road and park on the lefthand side grass verge.

Go through the gate on the right for all walks.

For walk 1 (Probably strictly for caravanners but nobody has ever complained to me). Take the gate on your right into the caravan park, bear left and follow the path through the caravan park until you see a the shower block on your left. Just after this and behind it is a gate. Go through the gateway closing the gate. You can walk around the woods or there are paths through the woods here and there.

For walks two, three and four don't take the gate into the caravan park but keep going on the stony road through the farm buildings and into the touring caravan field on the right after the farm buildings. Turn left as you enter the field heading down towards the sea which will be in view now. There is a stile at the end of the path and you can go left for a walk 2 or right for walks 3 and 4.

Walk 2 (left after the stile) goes to Saundersfoot on the coast path and about halfway there is a small beach. At this point you are in Swallow Tree woods. You can take the dog on the beach here if the tide is not fully in or you can walk left into the woods and various paths in the woods or you can carry on the path to the Glen Beach area of Saundersfoot. At the end of this path you will need to walk on the road for a bit into the village centre. (Alternatively if the tide is far enough out you can walk all the way into Saundersfoot on the beach,

Walk 3 (slightly right after the stile and down the narrow path). **This path is not suitable for anyone with breathing difficulties or respiratory problems as it involves a testing hill back up from the beach.** This downhill path leads to Trewayne beach which is a beautiful beach which usually has no more than a handful of people on it because of the hill walk but dogs can be allowed off the leash on the beach and on the path with care.

Walk 4 (sharp right after the stile). This part of the coastal path leads to Tenby. There are places where you will need to keep tight control of your dog as it could be dangerous but most of it is fine. When you reach Tenby if you wish to you can get a bus back from Park Road bus station. Buses 351, 352, 361 and 381 all come past Mount Pleasant. Just ask the driver to stop at Broadfield and tell you when you get there.

Wisemans Bridge

To get to Wisemans Bridge turn right out of Mount Pleasant and down the hill to the village centre. Turn left and then right in the village and keep going between the houses at the junction at the top of the hill and then first right past the school. Then turn left at the bottom heading away from the village. You will pass Coppet Hall car park on your right but keep going until you come down the hill into Wisemans Bridge. You can just park overlooking the beach here wherever there is a free spot. You can then walk the dog on the beach or on the leash it is a nice walk heading back to Saundersfoot overlooking the beach through the old coal train tunnels.

Penally

Go left out of Mount Pleasant to the roundabout and left towards Tenby. After the mini roundabout just outside Tenby turn to the right just at the sharp bend (into Serpentine Road). At the end of the road turn right and down the narrow road to the junction and turn left past the leisure centre. At the main road junction take a right turn to Penally (about a mile or so from there). Park in Penally station or if full, somewhere on the roadside nearby and then take the path over the train lines. After crossing the train lines follow the path through the golf course until you get to Tenby South Beach. At this part of the beach dogs can be walked or let off the leash. You can just use the beach or turn right on the beach and take the path up the hill to Giltar Head. From here you can just walk around the head or you can go through a further gate at the top and if you like walk all the way to Lydstep on the cliff path. On Giltar Head and the cliff path you do need to be careful with the dogs as cliffs are obviously dangerous although beautiful.